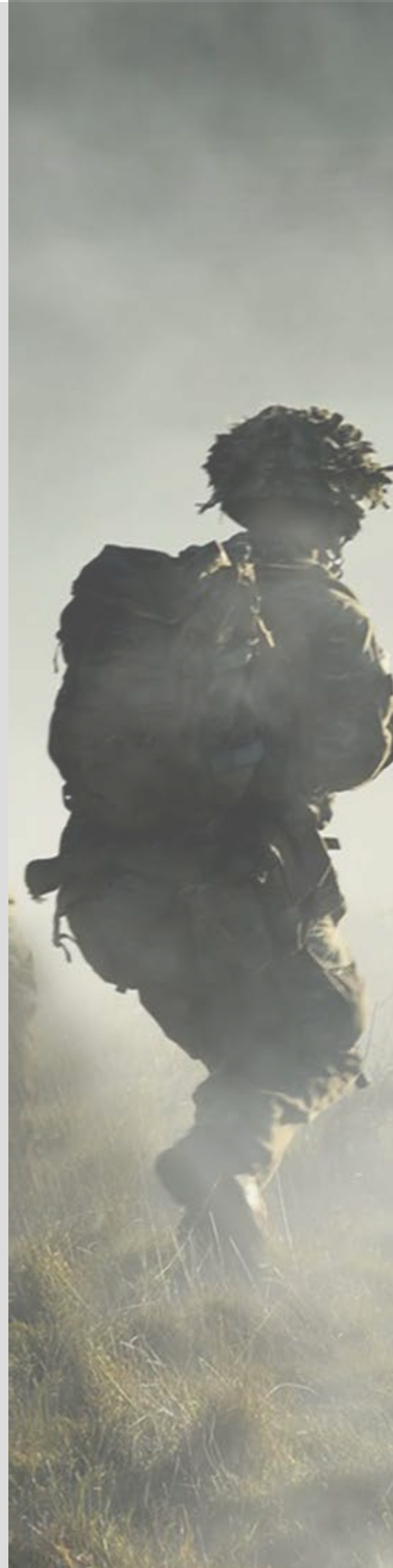


RATION PACKS



CONTENTS

ALL WEATHER MATCHES	101
APPLE AND CINNAMON OATS PORRIDGE	38
APPLE TURNOVER	95
BALKAN CHEESE 113G	86
BARS	50
BARS : APPLE & CRANBERRY	56
BARS : BERRY BAR	57
BARS : CHOCOLATE CREAM	53
BARS : FRUIT BAR	51
BARS : FRUIT BAR	52
BARS : FRUIT & NUT 48G	58
BARS : FUDGE BAR	54
BARS: GRANOLA & SEED BAR 48G	59
BARS: SERAC ENERGY BARS 45G	55
BARS: SESAME BAR	60
BEANS WITH TOMATO SAUCE	29
BEEF BREYANI	19
BEEF KABSEH	24
BEEF PASTA RAGU	18
BEEF & POTATO STEW	16
BEEF STROGANOFF WITH RICE	17
BISCUITS	44
BISCUITS - SWEET CHOC-CHIP COOKIES	48
BLACK TEA	77
BREAKFAST	36
CHEESE SPREAD 56G	87
CHICKEN BREYANI	13
CHICKEN & CORN RICE 300G	12
CHICKEN KABSEH	11
CHICKEN PASTA	10
CHICKEN & POTATO CURRY CURRY	15
CHICKEN & VEGETABLE STEW	14
CHILLI CON CARNE	21
CHOCOLATE BROWNIE 120G	91
CHOCOLATE CAKE 85G	93
COFFEE - 3 IN 1	80
COFFEE / TEA CREAMER	78
COFFEE / TEA CREAMER	78
CONTENTS	3
CONTENTS	4
CRUNCHY OATIES	49
DATES	70
DESSERTS	89
DRIED FRUIT MIX	69
FLAMELESS RATION HEATER	100
HEATER PACK INSTRUCTIONS	7
FRUIT CUBES	71
FRUITY OATIES	47
GRANOLA FRUIT MIX	67
GRANOLA & NUT SEED MIX	65
GRANOLA SNACK 60G	66



CONTENTS

GUM 25G	72
HEATER	99
HEXAMINE FUEL TABLETS	99
HIGH PROTEIN RECOVERY DRINK 30G	76
HONEY 30G	88
HOT CHOCOLATE	81
HUMMUS 135G	26
INSTANT MAIZE / SORGHUM PORRIDGE 80G	37
ISOTONIC SPORTS DRINK	74
JAM 20G	85
LACTOSE FREE NUTRITIONAL SHAKE 50G	75
MALVA PUDDING	90
MEALS	9
MUESLI WITH MILK - CHOCOLATE	41
MUESLI WITH MILK - GRANOLA	42
MUESLI WITH MILK - MIXED BERRY	43
MUESLI WITH MILK - TROPICAL	40
MUTTON & POTATO STEW	23
NUT BUTTER 41G	84
NUT MIX	68
PAP (MAIZE)	30
PEANUT BUTTER 25G	83
PEANUTS 60G (VACUUM SEALED)	62
PEANUTS & RAISINS 60G	63
RAISINS 50G	64
RATION PACKS	2
SAGO PUDDING 120G	94
SALT & PEPPER	102
SAVOURY SOY & RICE	33
SERAC ECONO COFFEE 2.5G (SINGLE PAD)	79 100
SNACKS	61
SOY TACO MINCE	31
SPAGHETTI BOLOGNAISE	22
SPAGHETTI & MEATBALLS	20
SPICY LENTIL SOUP	28
SPICY SOYA RICE	25
SPREADS	82
SWEET POTATO & CARROT SOUP	27
SWEET POTATO & CARROT SOUP	35
THE SERAC SPORK	97
VANILLA CAKE 85G	92
VANILLA OATS PORRIDGE	39
VEGETABLE PASTA	32
WATER PURIFICATION TABLETS	98
WHITE RICE 200G	34
WHOLE WHEAT BREAD	45
WHOLEWHEAT CRACKERS	46
ZIP LOCK RUBBISH BAG	101



TACTICAL LIGHT SERIES

The tactical light series is a new innovative concept which provides a complete, nutritionally balanced, lightweight ration pack which incorporates the unique Serac heating pack for hot delicious meals.

The Tactical Light series does away with the need for the soldier to carry plates, eating and cooking utensils, a stove, mugs, cups and a heating tin.

The system saves on weight and volume and is the most compact pack available.

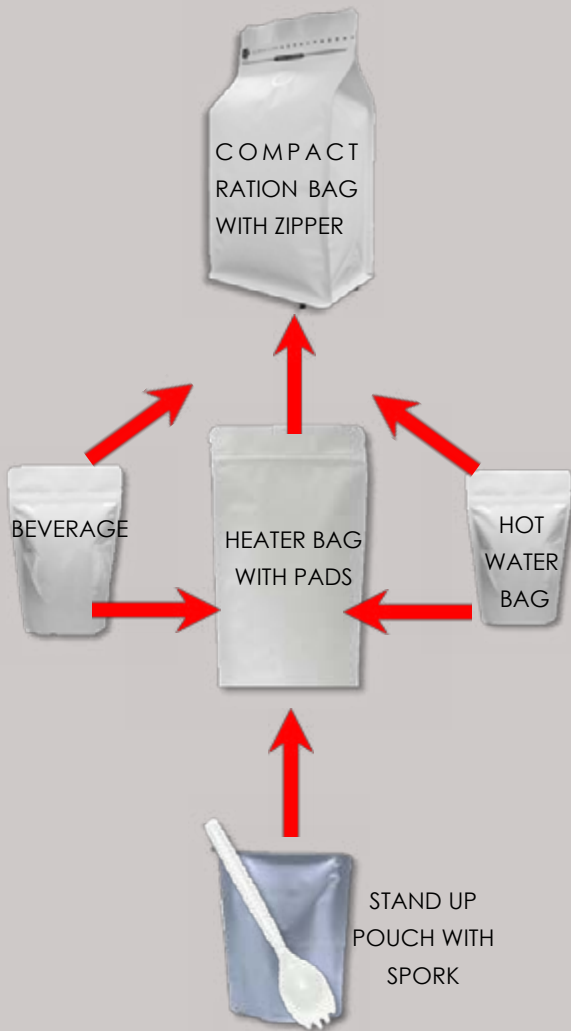
The sealed outer zip lock bag ensures waste can be stored and the food remains dry during the period of the exercise.

It also allows waste to be stored in a pack to be easily discarded after use. All the user needs is water for refreshment, beverages and to activate the ration heater.



TACTICAL LIGHT SERIES

THE INNOVATIVE DESIGN ENCOMPASSES THE FOLLOWING



- Our specially designed spork is the key to our system. The deep bowl utensil serves both as a spoon for drinking liquids and a fork for securing pieces of meat. The spork with its reinforced design is sturdy for any task and is specially angled to eat meals from the specially designed pouch. The spork is long enough to allow an individual to eat a meal from the pouch without getting their hands dirty.

- The pouches with their wide gussets have been designed to form a bowl once opened allowing the pouch to stand upright during the meal. The pouches are designed for eating on the run with two tear notches to ensure the soldier is able to eat the entire meal.

- Breakfast cereals supplied in a wide stand up pouch with zip lock. The breakfast can be resealed for eating later if the meal is interrupted.

- Drink mixes in stand-up bags with ziplock which allows for mixing without spilling the contents and resealing for later use if the beverage is not consumed.

- A heating system that allows for the heating of a hot beverage and a meal at the same time or a coffee and hot water for shaving. The reusable bag contains 3 heater pads and the outer bag is reusable for the heating for the day. Our heater pads are the lightest available for heating a 400g meal and a 3 in 1 coffee in a bag.

- A 3- in-1 coffee mix in a stand-up bag for heating alongside meals - add water and place the beverage alongside the meal with the heater bag being positioned in between the two pouches.

- A durable outer bag with ziplock allows for the pack to be housed securely. The bag once opened has a zip lock which ensures that the contents remain dry once sealed. The bag also serves as a container to store used wrappers which will allow for used pouches to be placed back in the bag and resealed and returned to the base as a rubbish bag.

- Savings in terms of extra bags for mixing drinks, rubbish bags and fuel requirements

The innovative concept allows for the lightest most compact pack available on the market with the lowest number of individual items.



FLAMELESS RATION HEATER PACK INSTRUCTIONS



Open the heating bag at the top.



Remove all heat pads



Open one heating pad by tearing the pouch at the top where the tear nick is



Place the pad into the heating bag.



Place your meal and / or beverage on either side of the pad



Pour 100ml of water (can be dirty water) into the heating bag



Close the bag using the zipper at the top and give it a gentle shake to ensure the heating pad is properly wet.



Wait 12 - 15 minutes. Water will stay hot for up to 20 minutes.



**PLEASE REFER TO
PACK FOR PRE-
CAUTIONS AND
FURTHER
INSTRUCTIONS**

OUR COMMITMENT TO HEALTHY FOOD

We take great pride in offering the best nutrition and delicious meals, suited to any preference worldwide.

We understand that combined with physical activity, your diet can help you to reach and maintain a healthy weight, reduce your risk of disease, promote your overall health, growth and tissue repair as well as provide all of the energy required to sustain you for your active and challenging day.

We provide the nutrition you need to achieve your peak performance. Our menu's ensure maintaining healthy weights as calories are meticulously calculated to sustain you for your day, as well as being high in fibre.

Besides for well balanced nutrition, deficiencies in some key nutrients - such as vitamin A, B, C and E, zinc, iron and selenium - can weaken parts of your immune system and these are key factors that we regard as being crucial when designing your menu.

OUR COMMITMENT TO DELICIOUS MEALS

Our mouth watering meals are cooked by top South African chefs, offering flavoursome home-cooking wherever you are.

Healthy breakfasts, delicious beverages, nutritious snacks and important electrolytes replenish you and treat you throughout the day.

Whether you enjoy savoury or sweet, curry or stew, pasta or meatballs, vegetarian or delicious desserts, there is something for everybody with our vast range of meals.

And to top it all, our famous cookies together with healthy and interesting snacks you could not ask for more.



MEALS



SPECIFICATION SHEET

CHICKEN PASTA



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	117
Carbohydrates	g/100g	6
Fat	g/100g	3.7
Protein	g/100g	13.5
Sugar	g/100g	0.7
Dietary Fibre	g/100g	2.8

INGREDIENTS:

Chicken breast (25%), Pasta (10%), Vegetables. Water, Cow's milk, Onions, Modified starch, Green pepper, Mushrooms, Chicken stock (Maltodextrin [Sulphur dioxide], Salt, Flavourings [HVP, Celery], Hydrogenated palm fruit fat [Antioxidant: TBHQ], Chicken [3%], Potassium chloride, Vegetable powders [Onion, Garlic], Flavour enhancers [E631, E627]), Cream (Cow's milk), Garlic, Mustard powder, Canola oil, Fresh parsley, Radurised herbs and spices. Vegetables: Carrots, Peas. Pasta: Durum flour, Wheat flour (Wheat, Gluten).

ALLERGENS:

Cow's milk, Sulphur dioxide, Wheat, Gluten. This product has been made in a factory that uses dairy, eggs, soya & sulphur dioxide.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

CHICKEN KABSEH



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	133
Carbohydrates	g/100g	14.9
Protein	g/100g	9.30
Dietary Fibre	g/100g	1.3
Total Sugar Measured	g/100g	0.7
Protein	g/100g	9.30
Total Fat	g/100g	4.2

INGREDIENTS:

Chicken breast (25%), Breyani rice (20%). Water, Canned tomatoes, Onions, Chicken Stock (Maltodextrin [Sulphur dioxide], Salt, Flavourings [HVP, Celery], Hydrogenated palm fruit fat [Antioxidant: TBHQ], Chicken [3%], Potassium chloride, Vegetable powders [Onion, Garlic], Flavour enhancers [E631, E627]), Canola oil, Modified starch, Garlic, Radurised herbs and spices. White rice, Reconstituted brown lentils, Onions, Sultanas, Canola oil (Antioxidant: TBHQ), Salt, Fresh coriander, Garlic, Radurised herbs and spices. Vegetables: Sweet corn.

ALLERGENS:

Sulphur Dioxide. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - grey.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

CHICKEN & CORN RICE 300G



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	125
Carbohydrates	g/100g	10.9
Fat	g/100g	6
Protein	g/100g	6.8
Sugar	g/100g	2.8
Dietary Fibre	g/100g	0.6

INGREDIENTS: Water, Chicken meat (19%), White rice (7.9%), Onions, Vegetable oil (Canola seed), Maltodextrin, Celery, Carrots (1.7%), Sweetcorn (1.7%), Milk proteins (Whole milk powder), Thickener (Modified maize starch), Salt, Chicken stock (Maltodextrin, Salt, Flavouring (Celery), Vegetable oil (Palm fruit, Antioxidant:TBHQ), Chicken, Potassium chloride, Vegetable powders (Onion, Garlic), Flavour enhancers (E631, E627), Herbs (Irradiated), Spices (Irradiated)), Garlic, Spices, Herbs, Yeast Extract.

ALLERGENS: MILK, GLUTEN, WHEAT, CELERY, SOYBEANS, MUSTARD.

Warning: This product has been made in a factory which uses Sulphur dioxide

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/-10.00
Weight	g/m2	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m2 /day	<1.50
Oxygen permeability	cm3/m2/day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

CHICKEN BREYANI



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	125
Carbohydrates	g/100g	14.2
Fat	g/100g	4.1
Protein	g/100g	7.7
Sugar	g/100g	1.3
Dietary Fibre	g/100g	1.1

INGREDIENTS: Water, Chicken Meat (19%), White rice (10.9%), Tomatoes (Tomatoes, Tomato puree, Citric acid), Onions, Brown lentils (2%), Sultanas, Vegetable oil (Canola seed), Chicken stock (Maltodextrin, Salt, Flavouring (Celery), Vegetable oil (Palm fruit, Antioxidant:TBHQ), Chicken, Potassium chloride, Vegetable powders (Onion, Garlic), Flavour enhancers (E631, E627), Herbs (Irradiated), Spices (Irradiated)), Vegetable oil (Canola seed), Garlic, Thickener (Modified maize starch), Salt, Spices.

ALLERGENS: GLUTEN, WHEAT, CELERY, SOYBEANS, SULPHUR DIOXIDE.

Warning: This product has been made in a factory which uses Milk and Mustard.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m2	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m2 /day	<1.50
Oxygen permeability	cm3/m2/day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

CHICKEN & VEGETABLE STEW



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	112.7
Carbohydrates	g/100g	2.0
Fat	g/100g	4.7
Protein	g/100g	15.4
Sugar	g/100g	<0.3
Dietary Fibre	g/100g	<1.0

INGREDIENTS:

Potatoes, Water, Cow's milk, Onions, Modified starch (Sulphur dioxide), Green peppers, Mushrooms, Chicken stock (Maltodextrin, Flavourings [HVP, Celery], Hydrogenated palm fruit fat [Antioxidant: TBHQ], Chicken [3%], Potassium chloride, Vegetable powders [Onion, Garlic], Flavour enhancers [E631, E627]), Cream (Cow's milk), Garlic, Canola oil, Mustard powder, Fresh parsley, Radurised Herbs and Spices. Potatoes, Carrots

ALLERGENS:

Cow's milk, Sulphur dioxide, Wheat, Gluten. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

CHICKEN & POTATO CURRY



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	105.0
Carbohydrates	g/100g	3.0
Fat	g/100g	4.0
Protein	g/100g	14.8
Sugar	g/100g	<0.3
Dietary Fibre	g/100g	<1.0

INGREDIENTS:

Potato, chicken (35%), Vegetables (19%). Water, Onions, Canned tomatoes, Canola oil (Antioxidant: TBHQ), Garlic, Ginger, Modified starch (Sulphur dioxide), Milk powder (Full cream cow's milk, Soya lecithin), Salt, Curry powder (Radurised Spices [Coriander, Turmeric, Cumin, Methee], Radurised wheat cereal, Radurised chillies). Potatoes, Pumpkin, Carrots, Sweet corn, Green pepper.

ALLERGENS:

Sulphur dioxide, Wheat, Gluten. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

BEEF & POTATO STEW



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	141
Carbohydrates	g/100g	10.7
Fat	g/100g	8.2
Protein	g/100g	6.3
Sugar	g/100g	4.2
Dietary Fibre	g/100g	1.3

INGREDIENTS:

Potatoes, Beef (30%), Water, Tomatoes, Carrots, Vegetable oil (Canola seed), Onions, Green peas, Sweetcorn, Modified maize starch, Celery, Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Salt, Tomato paste, Garlic, Spices.

ALLERGENS:

Sulphur Dioxide. This product has been made in a factory that uses dairy, eggs, soya & sulphur dioxide.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

BEEF STROGANOFF WITH RICE



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	139
Carbohydrates	g/100g	7
Fat	g/100g	5.7
Protein	g/100g	13.9
Sugar	g/100g	1.8
Dietary Fibre	g/100g	0.8

INGREDIENTS:

Beef (30%), Water, Rice, Potatoes, Onions, Milk powder (Full cream cow's milk, Soya, Lecithin), Vegetable oil (Canola seed), Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Worcestershire sauce (Water, Vinegar, Molasses, Sugar, Salt, Spices (Coriander), Food Colourant (Caramel), Dehydrated vegetables (Garlic, Onion), Maize Meal), Modified maize starch, Salt, Garlic, Spices, Herbs.

ALLERGENS:

Sulphur Dioxide, Dairy. This product has been made in a factory that uses dairy, eggs, soya & sulphur dioxide.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

BEEF PASTA RAGU



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	180
Carbohydrates	g/100g	12.4
Fat	g/100g	13.7
Protein	g/100g	5.2
Sugar	g/100g	1.8
Dietary Fibre	g/100g	0.7

INGREDIENTS: Water, Bovine meat (19%), (Fat: 20%), Peas (10%), Tomatoes (Tomatoes, Tomato puree, Citric acid), Onions, Pasta (5,7%) (Durum wheat semolina, Egg white powder), Vegetable oil (Canola seed), Tomato paste, Vegetable stock (Maltodextrin, Salt, Vegetable powders (Tomato, Pea, Onion, Garlic), Flavourings, Vegetable oil (Palm fruit)(Antioxidant:TBHQ), Carrots, Potassium chloride, Herbs (Irradiated), Leeks, Flavour enhancers (E631, E627) Spices (Irradiated), Colourant (Caramel)), Celery, Carrots, Maltodextrin, Garlic, Sugar, Salt, Thickener (Modified maize starch), Spices, Herbs.

ALLERGENS: MILK, GLUTEN, WHEAT, CELERY, SOYBEANS.

Warning: This product has been made in a factory which uses Mustard and Sulphur dioxide.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m2	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m2 /day	<1.50
Oxygen permeability	cm3/m2/day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING

NUTRITIONAL INFO PER 100G

SPECIFICATION SHEET

BEEF BREYANI



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	125
Carbohydrates	g/100g	12.6
Fat	g/100g	4.9
Protein	g/100g	7.5
Sugar	g/100g	1.1
Dietary Fibre	g/100g	1.1

INGREDIENTS: Water, Bovine meat (19%), Tomatoes (Tomatoes, Tomato puree, Citric acid), White rice (9,5%), Sweetcorn, Onions, Peas, Vegetable oil (Canola seed), Vegetable stock 9Maltodextrin, Salt, Vegetable powders (Tomato, Pea, Onion, Garlic), Flavourings, Vegetable oil (Palm fruit)(Antioxidant:TBHQ), Carrots, Potassium chloride, Herbs (Irradiated), Leeks, Flavour enhancers (E631, E627) Spices (Irradiated), Colourant (Caramel)), Thickener (Modified maize starch), Salt, Tomato paste, Garlic, Spices.

ALLERGENS: MILK, GLUTEN, WHEAT, SOYBEANS.

Warning: This product has been made in a factory which uses Celery, Mustard and Sulphur dioxide.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/-10.00
Weight	g/m2	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m2 /day	<1.50
Oxygen permeability	cm3/m2/day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

SPAGHETTI & MEATBALLS



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	156.0
Carbohydrates	g/100g	12.7
Fat	g/100g	8.2
Protein	g/100g	7.8
Sugar	g/100g	2.6
Dietary Fibre	g/100g	1.2

INGREDIENTS: Beef (25%), Pasta (10%), Vegetables. Water, Canned tomatoes, Onions, Beef stock (Maltodextrin [Sulphur dioxide], Salt, Flavourings [HVP], Hydrogenated palm fruit fat [Antioxidant: TBHQ], Beef [3%], Potassium chloride, Vegetable powders [Onion, Garlic], Flavour enhancers [E631, E627]), Modified starch, Canola oil, Garlic, Ginger, Radurised herbs and spices.

ALLERGENS: GLUTEN, SULPHUR DIOXIDE. . This product has been made in a factory that uses wheat and gluten, soya & sulphur dioxide.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

CHILLI CON CARNE



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	139
Carbohydrates	g/100g	12.6
Fat	g/100g	4.4
Protein	g/100g	6.5
Sugar	g/100g	0.2
Dietary Fibre	g/100g	1.1

INGREDIENTS::

Tomatoes, Minced beef (20%), White Rice (14%), Reconstituted black beans (9%), Water, Sweetcorn, Vegetable oil (Canola seed), Onions, Worcestershire sauce (Water, Vinegar, Molasses, Sugar, Salt, Spices (Coriander), Food Colourant (Caramel), Dehydrated vegetables (Garlic, Onion), Maize Meal), Salt, Garlic, Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Modified maize starch, Spices.

ALLERGENS:

Sulphur Dioxide. This product has been made in a factory that uses dairy, eggs, soya & sulphur dioxide.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

SPAGHETTI BOLOGNAISE



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	151.0
Carbohydrates	g/100g	12.9
Fat	g/100g	7.8
Protein	g/100g	7.3
Sugar	g/100g	2.7
Dietary Fibre	g/100g	1.3

INGREDIENTS: Beef (25%), Pasta (10%), Vegetables, Water, Canned tomatoes, Onions, Beef stock (Maltodextrin [Sulphur dioxide], Salt, Flavourings [HVP], Hydrogenated palm fruit fat [Antioxidant: TBHQ], Beef [3%], Potassium chloride, Vegetable powders [Onion, Garlic], Flavour enhancers [E631, E627]), Modified starch, Canola oil, Garlic, Ginger, Radurised herbs and spices.

ALLERGENS: GLUTEN, SULPHUR DIOXIDE. . This product has been made in a factory that uses wheat and gluten, soya & sulphur dioxide.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

MUTTON & POTATO STEW



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Property	Unit of measurement	Measurement
Energy	Kcal/100g	129
Carbohydrates	g/100g	5.9
Fat	g/100g	5.2
Protein	g/100g	14.3
Sugar	g/100g	1.6
Dietary Fibre	g/100g	1.4

INGREDIENTS:

Mutton (35%), Water, Potatoes, Tomatoes, Butternut, Sweetcorn, Onions, Potatoes, Vegetable oil (Canola seed), Garlic, Modified maize starch, Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Ginger, Sugar, Salt, Spices.

ALLERGENS:

Sulphur Dioxide. This product has been made in a factory that uses wheat and gluten, soya & sulphur dioxide.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

BEEF KABSEH



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Property	Unit of measurement	Measurement
Energy	Kcal/100g	137.0
Carbohydrates	g/100g	14.8
Fat	g/100g	1.3
Protein	g/100g	10.2
Sugar	g/100g	1.2
Dietary Fibre	g/100g	0.9

INGREDIENTS:

White Rice (26%), Beef (19%), Water, Tomatoes, Sweet-corn, Green Beans, Onions, Vegetable oil (Canola seed), Beef Stock [Maltodextrin (Sulphur dioxide), Salt, Flavourings (HVP), Caramel colourant, Hydrogenated vegetable fat (palm fruit) (Contains antioxidant: TBHQ), Beef (3%), potassium chloride, Vegetable powder (Onions, Garlic), Flavour enhancers (E631, E627), Radurised rosemary], Modified maize starch, Cumin, Worcestershire sauce (Water, Vinegar, Molasses, Sugar, Spices (Coriander), Food Colourant (Caramel)), Garlic, White pepper.

ALLERGENS:

This product contains: Sulphur dioxide, and Soya. This product has been made in a factory that uses wheat and gluten, soya & sulphur dioxide.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m2	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m2 /day	<1.50
Oxygen permeability	cm3/m2/day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

SPICY SOYA RICE



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Property	Unit of measurement	Measurement
Energy	Kcal/100g	126
Carbohydrates	g/100g	18.5
Fat	g/100g	4.9
Protein	g/100g	3.2
Sugar	g/100g	4.1
Dietary Fibre	g/100g	1.1

INGREDIENTS: Water, Tomatoes (Tomatoes, Tomato puree, Citric acid), White rice (12,6%), Onions, Carrots, Chutney (Sugar, Water, Vinegar, Dried peaches, Dried apricots (Sulphur dioxide), Modified maize starch, Salt, Colourant (Caramel), Chilli (Irradiated)), Soya (3,2%) (Soya flour, Colourant (Caramel)) (GMO), Green beans, Sweetcorn, Beef stock ((Maltodextrin, Salt, Flavourings, Colourant (Caramel), Vegetable fat (Palm fruit, Antioxidant: TBHQ), Beef, Potassium chloride, Vegetable powder (Onion, Garlic), Flavour enhancers (E631, E627), Herbs (Irradiated)), Soup powder (Wheat flour, Cornflour, Salt, Flavouring, Onion, Colourant (E150d, E124, E110), Flavour enhancers (Monosodium glutamate, E631, E627), Potassium chloride), Herbs (Irradiated), Vegetable oil (Palm fruit, Antioxidant: TBHQ), Paprika extract), Vegetable oil (Canola seed), Salt, Thickener (Modified maize starch), Garlic, Spices.

ALLERGENS: GLUTEN, WHEAT, SOYBEANS, SULPHUR DIOXIDE. Warning: This product has been made in a factory which uses Milk, Mustard, and Celery.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/-10.00
Weight	g/m2	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m2 /day	<1.50
Oxygen permeability	cm3/m2/day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

HUMMUS 135G



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	166
Carbohydrates	g/135g	12
Fat	g/135g	22
Protein	g/135g	8
Sugar	g/135g	0
Dietary Fibre	g/135g	4

INGREDIENTS:

Chickpeas, Tahini (Sesame Paste), Citric Acid, Water, Sea Salt, Lemon

ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

SWEET POTATO & CARROT SOUP



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	46.9
Carbohydrates	g/100g	7.3
Fat	g/100g	1.8
Protein	g/100g	0.7
Sugar	g/100g	2.6
Dietary Fibre	g/100g	1.3

INGREDIENTS:

Water, Sweet potato (17%), Carrots (13%), Onions, Coconut Milk (Coconut milk extract, Water, Stabilisers, Emulsifiers, Citric acid, Preservative: Sodium Metabisulphite), Celery, Vegetable oil (Canola seed), Sugar, Modified maize starch, Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Garlic, Salt, Spices.

ALLERGENS:

Sulphur Dioxide. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

SPICY LENTIL SOUP



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	46.9
Carbohydrates	g/100g	7.3
Fat	g/100g	1.8
Protein	g/100g	0.7
Sugar	g/100g	2.6
Dietary Fibre	g/100g	1.3

INGREDIENTS:

Water, Sweet potato (17%), Carrots (13%), Onions, Coconut Milk (Coconut milk extract, Water, Stabilisers, Emulsifiers, Citric acid, Preservative: Sodium Metabisulphite), Celery, Vegetable oil (Canola seed), Sugar, Modified maize starch, Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Garlic, Salt, Spices.

ALLERGENS:

Sulphur Dioxide. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/-10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

BEANS WITH TOMATO SAUCE



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	110.8
Carbohydrates	g/100g	20.3
Fat	g/100g	1.0
Protein	g/100g	6.3
Sugar	g/100g	3.0
Dietary Fibre	g/100g	6.8

INGREDIENTS:

Reconstituted haricot beans (44%), Water, Tomato puree, Onions, Worcestershire sauce (Water, Vinegar, Molasses, Sugar, Salt, Spices (Coriander), Food Colourant (Caramel), Dehydrated vegetables (Garlic, Onion), Maize Meal), Vegetable oil (Canola seed), Tomato paste, Sugar, Salt, Garlic, Modified maize starch, White spirit vinegar, Spices.

ALLERGENS:

This product has been made in a factory that uses dairy, eggs, wheat, gluten, soya & sulphur dioxide.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celcius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/-10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

PAP (MAIZE)



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	76
Carbohydrates	g/100g	73
Fat	g/100g	1
Protein	g/100g	7.4
Sugar	g/100g	0.6
Dietary Fibre	g/100g	5

INGREDIENTS: Water, Maize meal (16%), Salt, Canola oil (Antioxidant: TBHQ).

ALLERGENS:

This product has been made in a factory that uses eggs, soya & sulphur dioxide.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

SOY TACO MINCE



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	199
Carbohydrates	g/100g	12.5
Fat	g/100g	13.7
Protein	g/100g	9.7
Sugar	g/100g	1.8
Dietary Fibre	g/100g	3.4

INGREDIENTS: Water, Soya (25,7%) (Soya flour, Colourant (Caramel)) (GMO), Vegetable oil (Canola seed), Paprika, Salt, Vegetable stock (Maltodextrin, Salt, Vegetable powders (Tomato, Pea, Onion, Garlic), Flavourings, Vegetable oil (Palm fruit)(Antioxidant:TBHQ), Carrots, Potassium chloride, Herbs (Irradiated), Leeks, Flavour enhancers (E631, E627) Spices (Irradiated), Colourant (Caramel)), Tomato paste, Garlic, Spices (Coriander, Cayenne pepper, Cumin), Thickener (Modified maize starch).
ALLERGENS: MILK, GLUTEN, WHEAT, SOYBEANS.

Warning: This product has been made in a factory which uses Mustard, Celery and Sulphur dioxide.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

VEGETABLE PASTA



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- South African Department of Health approved facility
- Halal

NUTRITIONAL INFORMATION PER 100G

Energy	Kcal/100g	156
Carbohydrates	g/100g	21.3
Fat	g/100g	6.5
Protein	g/100g	3.7
Sugar	g/100g	3.3
Dietary Fibre	g/100g	1.9

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

SAVOURY SOY & RICE



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	126
Carbohydrates	g/100g	18.5
Fat	g/100g	4.7
Protein	g/100g	3.2
Sugar	g/100g	4.1
Dietary Fibre	g/100g	1.1

INGREDIENTS: Water, Tomatoes (Tomatoes, Tomato puree, Citric acid), White rice (12,6%), Onions, Carrots, Chutney (Sugar, Water, Vinegar, Dried peaches, Dried apricots (Sulphur dioxide), Modified maize starch, Salt, Colourant (Caramel), Chilli (Irradiated)), Soya (3,2%) (Soya flour, Colourant (Caramel)) (GMO), Green beans, Sweetcorn, Beef stock ((Maltodextrin, Salt, Flavourings, Colourant (Caramel), Vegetable fat (Palm fruit, Antioxidant: TBHQ), Beef, Potassium chloride, Vegetable powder (Onion, Garlic), Flavour enhancers (E631, E627), Herbs (Irradiated)), Soup powder (Wheat flour, Cornflour, Salt, Flavouring, Onion, Colourant (E150d, E124, E110), Flavour enhancers (Monosodium glutamate, E631, E627), Potassium chloride),

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/-10.00
Weight	g/m2	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m2 /day	<1.50
Oxygen permeability	cm3/m2/day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

WHITE RICE 200G



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	130
Carbohydrates	g/100g	36.1
Fat	g/100g	2
Protein	g/100g	3
Sugar	g/100g	0.3
Dietary Fibre	g/100g	0.8

INGREDIENTS:

White Rice (66%), Water, Vegetable oil (Canola seed), Salt.

ALLERGENS:

This product has been made in a factory that uses dairy, eggs, wheat, gluten, soya and sulphur dioxide.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

SWEET POTATO & CARROT SOUP



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	46.9
Carbohydrates	g/100g	7.3
Fat	g/100g	1.8
Protein	g/100g	0.7
Sugar	g/100g	2.6
Dietary Fibre	g/100g	1.3

INGREDIENTS:

Water, Sweet potato (17%), Carrots (13%), Onions, Coconut Milk (Coconut milk extract, Water, Stabilisers, Emulsifiers, Citric acid, Preservative: Sodium Metabisulphite), Celery, Vegetable oil (Canola seed), Sugar, Modified maize starch, Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Garlic, Salt, Spices.

ALLERGENS:

Sulphur Dioxide. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



BREAKFAST



SPECIFICATION SHEET

INSTANT MAIZE / SORGHUM PORRIDGE 80G



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	450
Carbohydrates	g/100g	60
Fat	g/100g	7
Protein	g/100g	15
Sugar	g/100g	12
Dietary Fibre	g/100g	16

PROPERTIES

A precooked cereal suitable for reconstitution with hot or cold water or milk. The product is free flowing powder and cream in colour.

INGREDIENTS:

Maize, sorghum, micronised soy, sucrose, vegetable oil, soy isolate, inulin, flavoring, sodium caseinate.

ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

SPECIFICATION SHEET

APPLE AND CINNAMON OATS PORRIDGE



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	360
Carbohydrates	g/100g	57
Fat	g/100g	9.7
Protein	g/100g	12.3
Sugar	g/100g	0.9
Dietary Fibre	g/100g	13.5

INGREDIENTS:

Oat flakes (oats, gluten), flavouring.

ALLERGENS:

OATS GLUTEN. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

SPECIFICATION SHEET

VANILLA OATS PORRIDGE



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	360
Carbohydrates	g/100g	57
Fat	g/100g	9.7
Protein	g/100g	12.3
Sugar	g/100g	0.9
Dietary Fibre	g/100g	13.5

INGREDIENTS:

Oat flakes (oats, gluten), flavouring.

ALLERGENS:

OATS GLUTEN. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.



SPECIFICATION SHEET

MUESLI WITH MILK - TROPICAL

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water.



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION WITH SKIM MILK

Energy	Kcal/100g	400
Carbohydrates	g/100g	57.6
Fat	g/100g	14.3
Protein	g/100g	13.4
Sugar	g/100g	28.2
Dietary Fibre	g/100g	5.4

NUTRITIONAL INFORMATION WITH FULL CREAM MILK

Energy	Kcal/100g	426
Carbohydrates	g/100g	54.9
Fat	g/100g	19.4
Protein	g/100g	12.0
Sugar	g/100g	25.5
Dietary Fibre	g/100g	5.4

INGREDIENTS:

Rolled oats, milk powder, fruit pieces (raisins, banana chips, papaya pieces, dehydrated pineapple) sugar, preservatives, sulphur dioxide, cashew nuts, almonds, non-hydrogenated vegetable fat, golden syrup, coconut shavings, salt flavourings.

ALLERGENS:

Gluten, and Tree nuts. Contains sesame seed. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.



SPECIFICATION SHEET

MUESLI WITH MILK - CHOCOLATE



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION WITH SKIM MILK

Energy	Kcal/100g	383.75
Carbohydrates	g/100g	50.44
Fat	g/100g	11.50
Protein	g/100g	12.70
Sugar	g/100g	24.84
Dietary Fibre	g/100g	4.24

NUTRITIONAL INFORMATION WITH FULL CREAM MILK

Energy	Kcal/100g	411.35
Carbohydrates	g/100g	47.68
Fat	g/100g	16.70
Protein	g/100g	10.94
Sugar	g/100g	22.08
Dietary Fibre	g/100g	4.24

INGREDIENTS:

Rolled oats (gluten), mini frosted corn flakes (maize, sugar, salt, barley (gluten) malt), emulsifier, soya lecithin, brown sugar, crisped rice (rice and wheat extarudate (wheat gluten), oat bran (oats gluten), non-hydrogenated vegetable fat (palm fruit), chocolate flavoured pieces, non-hydrogenated vegetable oil (palm fruit), low fat cocoa powder, soya, flavouring, salt, corn syrup, maltodextrin, skim milk powder (milk)

ALLERGENS:

May contain tree nuts. Soya. Gluten. (Oats. Wheat. Barley)
This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.



SPECIFICATION SHEET

MUESLI WITH MILK - GRANOLA



PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

**NUTRITIONAL INFORMATION
WITH SKIM MILK**

Energy	Kcal/100g	387.20
Carbohydrates	g/100g	55.24
Fat	g/100g	11.02
Protein	g/100g	14.22
Sugar	g/100g	22.44
Dietary Fibre	g/100g	5.12

**NUTRITIONAL INFORMATION
WITH FULL CREAM MILK**

Energy	Kcal/100g	414.80
Carbohydrates	g/100g	52.48
Fat	g/100g	16.22
Protein	g/100g	12.46
Sugar	g/100g	19.68
Dietary Fibre	g/100g	5.12

INGREDIENTS:
Rolled oats, milk powder, gluten, brown sugar, non-hydrogenated vegetable fat, golden syrup, salt. Skim milk powder or full cream milk powder.

ALLERGENS:
Gluten. May contain tree nuts. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

SPECIFICATION SHEET

MUESLI WITH MILK - MIXED BERRY



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION WITH SKIM MILK

Energy	Kcal/100g	382.80
Carbohydrates	g/100g	60.84
Fat	g/100g	10.94
Protein	g/100g	14.14
Sugar	g/100g	24.20
Dietary Fibre	g/100g	6.32

NUTRITIONAL INFORMATION WITH FULL CREAM MILK

Energy	Kcal/100g	410.40
Carbohydrates	g/100g	58.08
Fat	g/100g	16.14
Protein	g/100g	12.38
Sugar	g/100g	21.44
Dietary Fibre	g/100g	6.32

INGREDIENTS:

Rolled oats, milk powder, fruit pieces, dried cranberries, (cranberries, sugar, glycerol, citric acid, vegetable oil, dried blueberries, dried strawberries, brown sugar, non-hydrogenated vegetable fat, (palm fruit with antioxidant, golden syrup, salt, flavouring.

ALLERGENS:

Gluten. May contain tree nuts. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

BISCUITS



SPECIFICATION SHEET

WHOLE WHEAT BREAD



RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	360.0
Carbohydrates	g/100g	48.0
Fat	g/100g	12.0
Protein	g/100g	10.0
Sugar	g/100g	2.0
Dietary Fibre	g/100g	11.0

INGREDIENTS:

Wholewheat flour, water, palm oil, glycerol, yeast, honey, salt, sucrose, dough conditioners, tartaric acid esters of Mono & Diglycerides, ammonium sulphate, enzymes, citric acid, ascorbic acid, gum arabic, calcium sulfate, xanthan gum, sorbic acid, butter flavour.

ALLERGENS:

Wheat, gluten. This product has been made in a factory that uses eggs, soya & sulphur dioxide.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m2	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m2 /day	<1.50
Oxygen permeability	cm3/m2/day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	PASTA mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING

SPECIFICATION SHEET

WHOLEWHEAT CRACKERS



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	128
Carbohydrates	g/100g	56
Total Fat	g/100g	28.8
Protein	g/100g	9.6
Total Sugar Measured	g/100g	0.8
Total Dietary Fibre	g/100g	1.6

INGREDIENTS:

Wheat Flour (Gluten), Unhydrogenated Vegetable Oil, Salt, Sugar, Yeast, Glucose Syrup, Acid, Invert Syrup, Golden Syrup, Raising Agents, Malt Extract, Barley (Gluten), Emulsifier, Flour Improver Proteolytic Enzyme.

ALLERGENS:

Wheat, Gluten. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

PACKAGING



SPECIFICATION SHEET

FRUITY OATIES



PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	520.0
Carbohydrates	g/100g	52.0
Fat	g/100g	13.0
Protein	g/100g	9.0
Sugar	g/100g	6.0
Dietary Fibre	g/100g	5.0

INGREDIENTS:
 Wholewheat flour, gluten, oats wheat, unhydrogenated vegetable oil, sugar, salt, sodium bicarbonate, flavourant and colourant.

ALLERGENS:
 Wheat, Gluten. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.



SPECIFICATION SHEET

BISCUITS - SWEET CHOC-CHIP COOKIES



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	490.0
Carbohydrates	g/100g	47.0
Fat	g/100g	11.0
Protein	g/100g	9.0
Sugar	g/100g	5.0
Dietary Fibre	g/100g	5.0

INGREDIENTS:

Wholewheat flour, gluten, cocoa, choc chips, wheat, unhydrogenated vegetable oil, sugar, salt, sodium bicarbonate, flavourant and colourant.

ALLERGENS:

Wheat, Gluten. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

PACKAGING



SPECIFICATION SHEET

CRUNCHY OATIES



PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	450.0
Carbohydrates	g/100g	68.0
Fat	g/100g	18.0
Protein	g/100g	6.0
Sugar	g/100g	24.0
Dietary Fibre	g/100g	2.8

INGREDIENTS:

Wholewheat flour, oats, gluten, raisins, wheat, unhydrogenated vegetable oil, sugar, salt, sodium bicarbonate, flavourant and colourant.

ALLERGENS:

Wheat, Gluten. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING



BARS



SPECIFICATION SHEET

BARS : FRUIT BAR



- FSSC 22000 accreditation
- Government regulator
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	419.0
Carbohydrates	g/100g	78.3
Fat	g/100g	10.0
Protein	g/100g	8.0
Sugar	g/100g	33.0
Dietary Fibre	g/100g	5.0

INGREDIENTS:

Strawberry flavour, cranberries - diced, lin seeds, sunflower seeds, muesli base - Kellogs, Inulin, soya lecithin agd, inulin, isomalt, maltitol, vegetable fat, glycerine, water.

ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya, cow's milk, tree nuts and peanuts.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food.

PACKAGING



SPECIFICATION SHEET

BARS : FRUIT BAR



- FSSC 22000 accreditation
- Government regulator
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	419.0
Carbohydrates	g/100g	78.3
Fat	g/100g	10.0
Protein	g/100g	8.0
Sugar	g/100g	33.0
Dietary Fibre	g/100g	5.0

INGREDIENTS:

Strawberry flavour, cranberries - diced, lin seeds, sunflower seeds, muesli base - Kellogs, Inulin, soya lecithin agd, inulin, isomalt, maltitol, vegetable fat, glycerine, water.

ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya, cow's milk, tree nuts and peanuts.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food.

PACKAGING



SPECIFICATION SHEET

BARS : CHOCOLATE CREAM



- FSSC 22000 accreditation
- Government regulator
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	431.0
Carbohydrates	g/100g	66.0
Fat	g/100g	14.0
Protein	g/100g	7.4
Sugar	g/100g	21.0
Dietary Fibre	g/100g	6.0

INGREDIENTS:

Cocoa powder, trusil chocolate flavour, muesli base - live well, water, Rice Crispies - Plain, Skim Milk Powder, Soya Lecithin Agd, Ultra Crisp, Vegetable Fat, Glucose Syrup, Golden Syrup, Sorbitol 70% Solution, Glycerine, Water

ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya, cow's milk, tree nuts and peanuts.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food.

PACKAGING



SPECIFICATION SHEET

BARS : FUDGE BAR



- FSSC 22000 accreditation
- Government regulator
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	414.0
Carbohydrates	g/100g	71.0
Fat	g/100g	10.0
Protein	g/100g	6.7
Sugar	g/100g	23.0
Dietary Fibre	g/100g	5.2

INGREDIENTS:

OATS, BARLEY MALT, MALTODEXTRIN, WHEAT, SOYA, OAT BRAN, GLUTEN, maize, sugar, salt, emulsifier, soya lecithin, brown sugar, crisped rice, oat bran, non-hydrogenated vegetable fat (palm fruit), toffee butterscotch flavour, water, milled corn, malt flavour, glucose syrup, golden syrup, sorbitol 70% solution.

ALLERGENS: WHEAT, SOYA

This product has been made in a factory that uses eggs, wheat, gluten, soya, cow's milk, tree nuts and peanuts.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food.

PACKAGING



SPECIFICATION SHEET

BARS: SERAC ENERGY BARS 45G



NUTRITIONAL INFORMATION

Energy	Kcal/100g	382
Carbohydrates	g/100g	40
Fat	g/100g	11
Protein	g/100g	10.5
Sugar	g/100g	20
Dietary Fibre	g/100g	4

INGREDIENTS:

Chocolate Nut:

Milk solids, maltose sykrup, chocolate coating, sucrose, peanuts, cocoa, vegetable fat, egg albumin, flavourants, Lecithin, Vitamins, Sorbitol, Minerals. No colourants or preservatives.

Chocolate:

Milk solids, maltose sykrup, sucrose, cocoa vegetable fat, egg albumin, flavourants, Lecithin, Vitamins, Sorbitol, Minerals. No colourants or preservatives.

Caribbean raisin:

Milk solids, maltose sykrup, sucrose, raisins, cocoa vegetable fat, egg albumin, flavourants, Lecithin, Vitamins, Sorbitol, Minerals. No colourants or preservatives.

ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

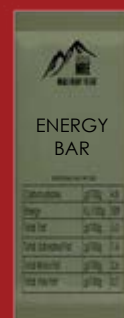
Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

PROPERTIES

The energy bar is soft and chewy and approximately 100mm long x 30mm wide x 10mm thick.



SPECIFICATION SHEET

BARS : APPLE & CRANBERRY



- FSSC 22000 accreditation
- Government regulator
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	402.0
Carbohydrates	g/100g	70.0
Fat	g/100g	9.1
Protein	g/100g	5.8
Sugar	g/100g	27.2
Dietary Fibre	g/100g	5.2

INGREDIENTS:

Trusil apple bramley flour, water, apple flakes, sugar free cranberries, Muesli base - live well, Muesli Base - Kelloggs, Corn Flakes, Rice Crispies - Plain, Soya Lecithin,, Vegetable Fat, Glucose Syrup, Ultra crisp, Golden Syrup, Sorbitol 70% Solution

ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya, cow's milk, tree nuts and peanuts.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food.

PACKAGING



SPECIFICATION SHEET

BARS : BERRY BAR



- FSSC 22000 accreditation
- Government regulator
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	413.0
Carbohydrates	g/100g	72.3
Fat	g/100g	9.8
Protein	g/100g	6.0
Sugar	g/100g	27.0
Dietary Fibre	g/100g	5.0

INGREDIENTS:

Sugar Free Cranberries, Strawberry Pieces (Gems), Muesli base, water, Corn Flakes, Rice Crispies - Plain Skim Milk Powder, Soya Lecithin Agd, Ultra Crisp, Vegetable Fat, Glucose Syrup

ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya, cow's milk, tree nuts and peanuts.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food.

PACKAGING



SPECIFICATION SHEET

BARS : FRUIT & NUT 48G

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food.

PACKAGING



- FSSC 22000 accreditation
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	362
Carbohydrates	g/100g	48
Total Fat	g/100g	16.3
Protein	g/100g	8.7
Total Sugar Measured	g/100g	33.6
Total Dietary Fibre	g/100g	13.7

INGREDIENTS:

Almonds, cranberries, vegetable oil (sunflower seed) diced apple, preservatives, sulphur dioxide, rice pops, sugar, salt, malt, caramel pistachio nuts, honey, glucose, bran flakes, wheat, brown sugar, malt extract, vitamin A, D, E, C, B1, B2, niacin, folic acid, B12, Bioten and pantothenic acid, minerals, sodium, ougofructose ichcory fibre, water, vegetable oil palm fruit, antioxidant, TBHQ, preservatives, sulphur dioxide, citric acid, emulsifier, flavouring, glucose, sorbic acid, preservatives, potassium sorbate.

ALLERGENS:

Tree nuts, gluten, sulphur dioxide. This product has been made in a factory that uses eggs, wheat, gluten, soya, cow's milk, tree nuts and peanuts.

SPECIFICATION SHEET

BARs: GRANOLA & SEED BAR 48G



- FSSC 22000 accreditation
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	434
Carbohydrates	g/100g	39
Fat	g/100g	25.6
Protein	g/100g	11.1
Sugar	g/100g	21.9
Dietary Fibre	g/100g	13.6

INGREDIENTS:

Gold syrup, brown sugar, vegetable oil palm fruit, antioxidant, TBHQ, sunflower seed, apricot, preservatives, sulphur dioxide, pumpkin seeds, sesame seed, honey, glucose, yoghurt, skim milk powder, whey powder, citric acid, emulsifier, flavouring, ougufructose, icishory fibre, sultanas, glazing agent, water, glucose, sorbic acid, preservatives, potassium sorbate, granola.

ALLERGENS:

Cows milk, gluten, sulphur dioxide. This product has been made in a factory that uses eggs, wheat, gluten, soya, cow's milk, tree nuts and peanuts.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

PACKAGING





SPECIFICATION SHEET

BARS: SESAME BAR

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	454
Carbohydrates	g/100g	50.3
Fat	g/100g	24.7
Protein	g/100g	8.8
Sugar	g/100g	34.3
Dietary Fibre	g/100g	5.8

INGREDIENTS:

Sesame seed, glucose, salt, flavour

ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING



SNACKS





SPECIFICATION SHEET PEANUTS 60G (VACUUM SEALED)



PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	570
Carbohydrates	g/100g	20
Fat	g/100g	48
Protein	g/100g	25.8
Sugar	g/100g	4.5
Dietary Fibre	g/100g	8.5

INGREDIENTS:

Peanuts.

ALLERGENS:

Peanuts.

This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING





SPECIFICATION SHEET

PEANUTS & RAISINS 60G

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	434.64
Carbohydrates	g/100g	49.50
Fat	g/100g	24.25
Protein	g/100g	14.45
Sugar	g/100g	31.75
Dietary Fibre	g/100g	6.10

INGREDIENTS:

Peanuts, raisins.

ALLERGENS:

Peanuts. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING



SPECIFICATION SHEET

RAISINS 50G



- FSSC 22000 accreditation
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	299.3
Carbohydrates	g/100g	79g
Fat	g/100g	0.5
Protein	g/100g	3.1
Sugar	g/100g	59.0
Dietary Fibre	g/100g	3.7

INGREDIENTS:

Raisins

ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

PACKAGING



SPECIFICATION SHEET

GRANOLA & NUT SEED MIX

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

PACKAGING



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	111
Carbohydrates	g/100g	40.10
Fat	g/100g	30.20
Protein	g/100g	14.88
Sugar	g/100g	9.36
Dietary Fibre	g/100g	9.18

INGREDIENTS:

Granola, peanuts, almonds, cashews, linseed, sunflower.

ALLERGENS:

Tree nuts. Gluten.

This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.



SPECIFICATION SHEET

GRANOLA SNACK 60G



PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal



NUTRITIONAL INFORMATION

Energy	Kcal/100g	89
Carbohydrates	g/100g	55.24
Fat	g/100g	11.02
Protein	g/100g	14.22
Sugar	g/100g	22.44
Dietary Fibre	g/100g	5.12

INGREDIENTS:

Rolled oats, gluten, brown sugar, non-hydrogenated vegetable fat, golden syrup, salt.

ALLERGENS:

Gluten. May contain tree nuts. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

SPECIFICATION SHEET

GRANOLA FRUIT MIX



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	85
Carbohydrates	g/100g	67.45
Fat	g/100g	10.32
Protein	g/100g	5.04
Sugar	g/100g	37.06
Dietary Fibre	g/100g	4.37

INGREDIENTS:

Granola, banana, papaya, pineapple, strawberry, raisins.

ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

PACKAGING





SPECIFICATION SHEET

NUT MIX



PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal



NUTRITIONAL INFORMATION

Energy	Kcal/100g	473.11
Carbohydrates	g/100g	14.40
Fat	g/100g	34.33
Protein	g/100g	24.06
Sugar	g/100g	4.53
Dietary Fibre	g/100g	8.68

INGREDIENTS:
Peanuts, almonds, cashews

ALLERGENS:
Peanuts. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

SPECIFICATION SHEET

DRIED FRUIT MIX



PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	340.28
Carbohydrates	g/100g	62.91
Fat	g/100g	9.21
Protein	g/100g	2.52
Sugar	g/100g	48.67
Dietary Fibre	g/100g	8.71

INGREDIENTS:

Granola, banana, papaya, pineapple, strawberry, raisins. **ALLERGENS:**

This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING





SPECIFICATION SHEET

DATES

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food



- FSSC 22000 accreditation
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	270
Carbohydrates	g/100g	66.97
Total Fat	g/100g	0
Protein	g/100g	2.85
Total Sugar Measured	g/100g	66.97
Total Dietary Fibre	g/100g	12.82

INGREDIENTS:

Dates

ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING



SPECIFICATION SHEET

FRUIT CUBES



PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

INGREDIENTS:

Fruit pulp, glucose, sucrose, starch, seaweed extract. Food acids: citric and/or malic acid, flavourings, natural colourants, lightly dusted with vegetable fire.

ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

FLAVOURS :

- TROPICAL (PAPAYA AND PINEAPPLE)
- CITRUS (CITRUS, LIME AND ORANGE)
- BERRY (BLUEBERRY AND STRAWBERRY)



NUTRITIONAL INFORMATION

Energy	Kcal/100g	406.0
Carbohydrates	g/100g	100.0
Fat	g/100g	0.0
Protein	g/100g	0.0
Sugar	g/100g	100.0
Dietary Fibre	g/100g	2.0

SPECIFICATION SHEET

GUM 25G



- FSSC 22000 accreditation
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	38
Carbohydrates	g/100g	61.2
Fat	g/100g	0.2
Protein	g/100g	0.0
Sugar	g/100g	0.0
Dietary Fibre	g/100g	0.0

INGREDIENTS:
 Sorbitol, maltitol, chewing gum, filler (E170), maltitol syrup, flavors, thickening agent (E414), humectant (E442), sweeteners (aspartame, acesulfame-K, sucralose), emulsifier (sunflower lecithin), coloring agent (E171), coating agent (E903) , Antioxidant (E321)

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, metalized polyester and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food



BEVERAGES





SPECIFICATION SHEET

ISOTONIC SPORTS DRINK



PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	94
Carbohydrates	g/100g	97
Protein	g/100g	0
Fat	g/100g	0

INGREDIENTS:
Hydrolized corn starch, citric acid, sodium chloride, sugar, magnesium oxide, potassium, citrate, ascorbic acid, flavours, colours, artificial sweetners, (sodium cyclamate, sodium sacharine)

ALLERGENS:
This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.



SPECIFICATION SHEET

LACTOSE FREE NUTRITIONAL SHAKE 50G



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION		
Energy	Kcal/100g	121
Protein	g/100g	20
Fat	g/100g	15% min
Sugar	g/100g	30g
Dietary Fibre	g/100g	6.5
Carbohydrates	g/100g	60% min

DESCRIPTION /GENERAL INFORMATION:
 The powder readily dissolves in 250ml of cold water to form a smooth drink without lumps or particles and shall have a color typical of the corresponding flavour. The moisture content does not exceed 6% at the time of packaging.

INGREDIENTS: Sucrose, corn syrup solids, vegetable fats, soy protein isolate, whey protein isolate, wheat fibre, fructo-oligo saccharides (prebiotic fibre) minerals, flavourants, vitamins and colourant.
ALLERGENS:
 This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING
Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.
General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.
Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food



SPECIFICATION SHEET

HIGH PROTEIN RECOVERY DRINK 30G



PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halaal

PACKAGING





SPECIFICATION SHEET

BLACK TEA



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

NUTRITIONAL INFORMATION

Energy	Kcal/100g	1.0
Carbohydrates	g/30g	0.0
Fat	g/30g	0.0
Protein	g/30g	0.0



INGREDIENTS:
Black Tea

ALLERGENS:
This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

SPECIFICATION SHEET

COFFEE / TEA CREAMER

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

PACKAGING

COFFEE / TEA CREAMER



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	128
Carbohydrates	g/100g	58
Fat	g/100g	33
Protein	g/100g	0
Dietary Fibre	g/100g	0

INGREDIENTS:

Syrup Solids, hydrogenated vegetable oil / fat, sodium caseinate, emulsifier, stabiliser, colourants, anti-caking agents

ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

SPECIFICATION SHEET

SERAC ECONO COFFEE 2.5G



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	85
Carbohydrates	g/100g	81.0
Fat	g/100g	0.0
Protein	g/100g	5.6
Sugar	g/100g	16.8
Dietary Fibre	g/100g	<1

INGREDIENTS:

Non aromatized soluble granules of coffee, chicory extract and maltodextrin. Chicory (6 Parts), Dextrins (6 Parts), Coffee (5 Parts), Maltose (1 Part), Dextrose (1 Part)

ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food



PACKAGING



SPECIFICATION SHEET

COFFEE - 3 IN 1



PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	84
Carbohydrates	g/100g	16.6
Fat	g/100g	1.6
Protein	g/100g	1
Sugar	g/100g	12

INGREDIENTS: Chicory, Dextrins, Coffee, Maltose, Dextrose, Sugar, Syrup Solids, hydrogenated vegetable oil / fat, sodium caseinate, emulsifier, stabiliser, colourants, anti-caking agents.

ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING



SPECIFICATION SHEET

HOT CHOCOLATE



PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	400.0
Carbohydrates	g/100g	75.0
Fat	g/100g	15.0
Protein	g/100g	3.0
Sugar	g/100g	60.0
Dietary Fibre	g/100g	4.0

INGREDIENTS:

Cocoa

ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING



SPREADS



SPECIFICATION SHEET

PEANUT BUTTER 25G



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	588
Carbohydrates	g/100g	20.0
Fat	g/100g	50.0
Protein	g/100g	25.0
Sugar	g/100g	9.0
Dietary Fibre	g/100g	6.0

INGREDIENTS:

Peanuts, sugar, emulsifier

ALLERGENS:

Nuts. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

PACKAGING



SPECIFICATION SHEET

NUT BUTTER 41G



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	614
Carbohydrates	g/100g	19
Fat	g/100g	54
Protein	g/100g	20
Sugar	g/100g	9
Dietary Fibre	g/100g	7

INGREDIENTS: Peanuts, cocoa masse, emulsifier, hazel nut paste, sugar and flavour.

ALLERGENS:

Nuts. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

PACKAGING





SPECIFICATION SHEET

JAM 20G



PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - grey.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

- FSSC 22000 accreditation
- South African Department of Health approved facility
- Halaal

JAM

NUTRITIONAL INFORMATION

Energy	Kcal/100g	163
Carbohydrates	g/100g	9
Total Fat	g/100g	0.2
Protein	g/100g	0.1
Total Sugar Measured	g/100g	7.6
Total Dietary Fibre	g/100g	0.1

INGREDIENTS:

Cane sugar, fruit according to flavour, pectin, citric acid, preservatives, anti-foaming agent, colouring, flavourant

ALLERGENS: This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

SPECIFICATION SHEET

BALKAN CHEESE 113G



- Imported from Jordan
- ISO 2000 approved
- State veterinary approved

INGREDIENTS:

Cheese (from cow), butter, milk solids non-fat, emulsifiers, carbohydrate, mineral salts, salt, food acid, preservatives, water added.

ALLERGENS: MILK

This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

NUTRITIONAL INFORMATION

Energy	Kcal/100g	120
Carbohydrates	g/100g	1.0
Fat	g/100g	7.0
Protein	g/100g	5.0
Sugar	g/100g	1.0
Dietary Fibre	g/100g	0.0

SPECIFICATION SHEET

CHEESE SPREAD 56G



- FSSC 22000 accreditation
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	100
Carbohydrates	g/100g	2.32
Fat	g/100g	44
Protein	g/100g	11.6
Sugar	g/100g	0
Dietary Fibre	g/100g	0

INGREDIENTS:

Cheddar Cheese (pasteurised milk, salt, cheese cultures, enzymes) butter (cream salt) water, sodium phosphates, contains less than 2% of: salt, lactic acid, emulsifier blend, xanthan gum, vitamin A palmitate, artificial colour, pyridoxine hydrochloride.

ALLERGENS: MILK

This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

PACKAGING



SOURCE : USA

SPECIFICATION SHEET

HONEY 30G



- FSSC 22000 accreditation
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	72.0
Carbohydrates	g/100g	82.0
Fat	g/100g	0.0
Protein	g/100g	0.3
Sugar	g/100g	82.0
Dietary Fibre	g/100g	0.2

INGREDIENTS:

Carbohydrates, water, mineral substances, nitrogenous compounds, alkaloids, biogenic stimulators, plant antibiotics (phytoncides), enzymes (ferments), organic acids, essential oils, aromatic, volatile, hormonal substances, antioxidants

ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

PACKAGING

Composition: Flexible pouch formed with multiple layers containing polyester 12 micron, foil 9 micron and polyethylene 50 micron. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Printing: Food-grade inks used which can withstand the conditions of the pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food

PACKAGING

HONEY

DESSERTS



SPECIFICATION SHEET

MALVA PUDDING



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	230.9
Carbohydrates	g/100g	35.8
Fat	g/100g	7.3
Protein	g/100g	5.6
Sugar	g/100g	28.2
Dietary Fibre	g/100g	0.3

INGREDIENTS:

Water, Sugar, Wheat flour, Milk powder (Full cream cow's milk, Soya, Lecithin), Reconstituted egg powder, Vegetable oil (Canola seed), Apricot Jam (Glucose, Apricot pulp, Pectin (E440), Acidity Regulator (Citric Acid), White spirit vinegar, Sodium bicarbonate, Vanilla essence (Water, Ethanol, Flavouring, Colourant), Modified maize starch, Salt.

ALLERGENS:

Dairy, Eggs, Soya, Wheat & Gluten. This product has been made in a factory that uses sulphur dioxide.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

CHOCOLATE BROWNIE 120G



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	390
Carbohydrates	g/100g	44.2
Fat	g/100g	13.9
Protein	g/100g	4.1
Sugar	g/100g	31.3
Dietary Fibre	g/100g	3.1

INGREDIENTS:

Sugar, Water, Vegetable oil (Canola seed), Wheat flour, Cocoa powder (9%) (Alkalisied cocoa), Reconstituted egg powder, Milk powder (Full cream cow's milk, Soya, Lecithin), Modified maize starch, Salt, Baking powder (Corn starch, Raising agent (E450(a) & E341), Sodium bicarbonate (E500)), Vanilla essence (Water, Ethanol, Flavouring, Colourant).

ALLERGENS:

Eggs, soya, wheat, gluten. This product has been made in a factory that uses dairy, eggs, soya & sulphur dioxide.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

VANILLA CAKE 85G

RETORT POUCH SPECIFICATION (SANDF 09)

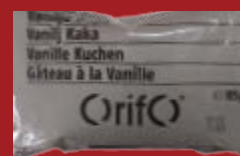
Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	297
Carbohydrates	g/100g	57
Total Fat	g/100g	17
Protein	g/100g	4.1
Total Sugar Measured	g/100g	17

INGREDIENTS:

Flour, sugar, vegetable fat, stabiliser, powdered egg, full fat milk powder, salt, stabiliser, raising agents, vanilla flavour, thickner, preservatives, acid.

ALLERGENS:

Egg, wheat, milk. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.



- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	390
Carbohydrates	g/100g	54
Total Fat	g/100g	16
Protein	g/100g	5
Total Sugar Measured	g/100g	17

INGREDIENTS:

Flour, sugar, vegetable fat, stabiliser, cocoa powder, powdered egg, full fat milk powder, salt, stabiliser, raising agents, thickner, preservatives, acid.

ALLERGENS:

Egg, wheat, milk. This product has been made in a factory that uses eggs, wheat, gluten, soya and cow's milk.

SPECIFICATION SHEET

CHOCOLATE CAKE 85G

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/-10.00
Weight	g/m ²	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m ² /day	<1.50
Oxygen permeability	cm ³ /m ² /day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

SAGO PUDDING 120G



- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- South African Department of Health approved facility
- Halaal

NUTRITIONAL INFORMATION

Energy	Kcal/100g	116
Carbohydrates	g/100g	21.5
Fat	g/100g	2.6
Protein	g/100g	1.8
Sugar	g/100g	14.3
Dietary Fibre	g/100g	0.2

INGREDIENTS: Water, Sugar, Sago (8%) (Tapioca starch), Milk powder (Full cream cow's milk, Soya, Lecithin), Reconstituted egg powder, Vegetable oil (Canola seed), Vanilla essence (Water, Ethanol, Flavouring, Colourant), Cinnamon, Salt.

ALLERGENS:

Dairy, Eggs & Soya. This product has been made in a factory that uses dairy, eggs, wheat, gluten and soya.

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m2	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m2 /day	<1.50
Oxygen permeability	cm3/m2/day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

PACKAGING



SPECIFICATION SHEET

APPLE TURNOVER



RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 30 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch. Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

- FSSC 22000 accreditation
- Government regulator NRCS approval for factory
- NRCS approval per batch
- South African Department of Health approved facility
- Halaal

Energy	Kcal/100g	320
Carbohydrates	g/100g	49
Fat	g/100g	22
Protein	g/100g	5
Sugar	g/100g	22
Dietary Fibre	g/100g	4

Property	Unit of measurement	Measurement
Thickness	Microns	119.00 +/- 10.00
Weight	g/m2	135.00 +/- 11.00
Bond strength 1	g/inch	>400.00
Bond strength 2	g/inch	>400
Bond strength 3	g/inch	>500
Seal strength side	N/inch	>60.00
Seal strength bottom	N/inch	>60.00
COF outside to outside		<0.40
COF inside to inside		<0.50
Water vapour transmission	g/m2 /day	<1.50
Oxygen permeability	cm3/m2/day	<1.50
For 150g pouches	mm	185 L x 140 W
For 250g pouches	mm	215 L x 140 W
For 300g pouches	mm	225 L x 140 W
Sealing temperature	oCelsius	190 - 210

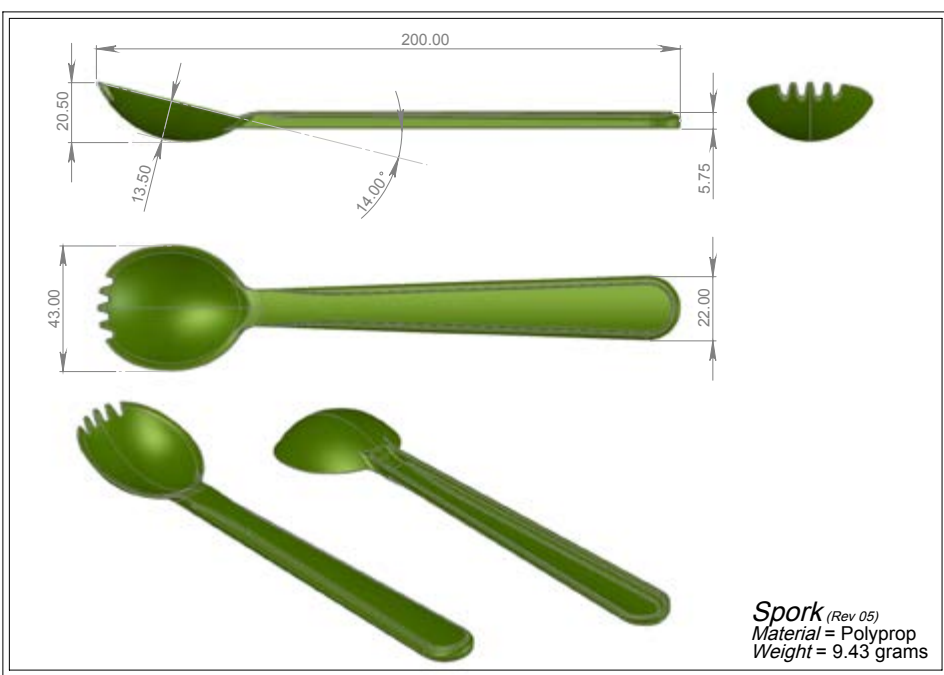
SHELF STABLE
 Ingredients: Bread 62% (Flour [Bleached **Wheat** Flour, Malted **Barley** Flour], Water, Palm Oil, Cinnamon Flakes [Sugar, Modified Vegetable Oil (Palm Oil, Palm Kernel Oil)], Cinnamon, **Soy** Lecithin], Humectant - Glycerol, Yeast, Salt, Emulsifier - Sucrose Ester, Flour Treatment Agents [**Wheat** Flour, Monoglycerides, Diacetyl Tartaric Acid Esters of Mono & Diglycerides, Ammonium Sulphate, Enzymes, Citric Acid, Ascorbic Acid], Thickener - Gum Arabic, Flour Treatment Agent - Calcium Sulphate, Thickener - Xanthan Gum, Butter Flavour, Acid - Sorbic Acid, Colour - Turmeric Extract), Apple Filling 38% (Dried Apples 8% [Apples, Sweetener - Sugar, Sunflower Oil, Acids [Ascorbic Acid, Citric Acid]], Sweetener - High Fructose Corn Syrup, Water, Apple Concentrate, Sweeteners [Dextrose, Corn Syrup], Thickener - Starch, Humectant - Glycerol, Vanilla Extract, Thickener - Locust Bean Gum, Cinnamon, Apple Flavour, Thickener - Xanthan Gum.
 Allergy Advice: For allergens, including cereals containing gluten, see ingredients in **Bold**.

ACCESSORIES



SPECIFICATION SHEET

THE SERAC SPORK



THE SERAC SPORK, is a custom designed eating utensil that combines the bowl of a spoon with the tines of a fork. It is reusable and as it is plastic, the ration pack remains light weight.



SPECIFICATION SHEET

WATER PURIFICATION TABLETS

PACKAGING

The water purification tablets shall be individually sealed in laminated foil strips.

INSTRUCTIONS:

Dissolve 1 tablet per 1 litre of drinking water. Leave for 10 minutes before drinking. Always stir the solution to ensure even distribution. Where Bilharzia is a problem or the water is visibly contaminated use 2 tablets or leave for 20 minutes.

PRECAUTIONS:

Harmful if swallowed. Irritating to eyes and respiration. Contacts with acids liberates toxic gas. In case of contact with eyes, rinse immediately. Keep out of reach of children. Keep container dry.

WARNING: Do not use with other products. May release dangerous gases (Chlorine)

DESCRIPTION:

The tablets are white, round, water purification tablets for drinking water that can each purify 1 litre contaminated water.

INGREDIENTS:

10mg of dichloroisocyanurate per tablet

PROPERTIES:

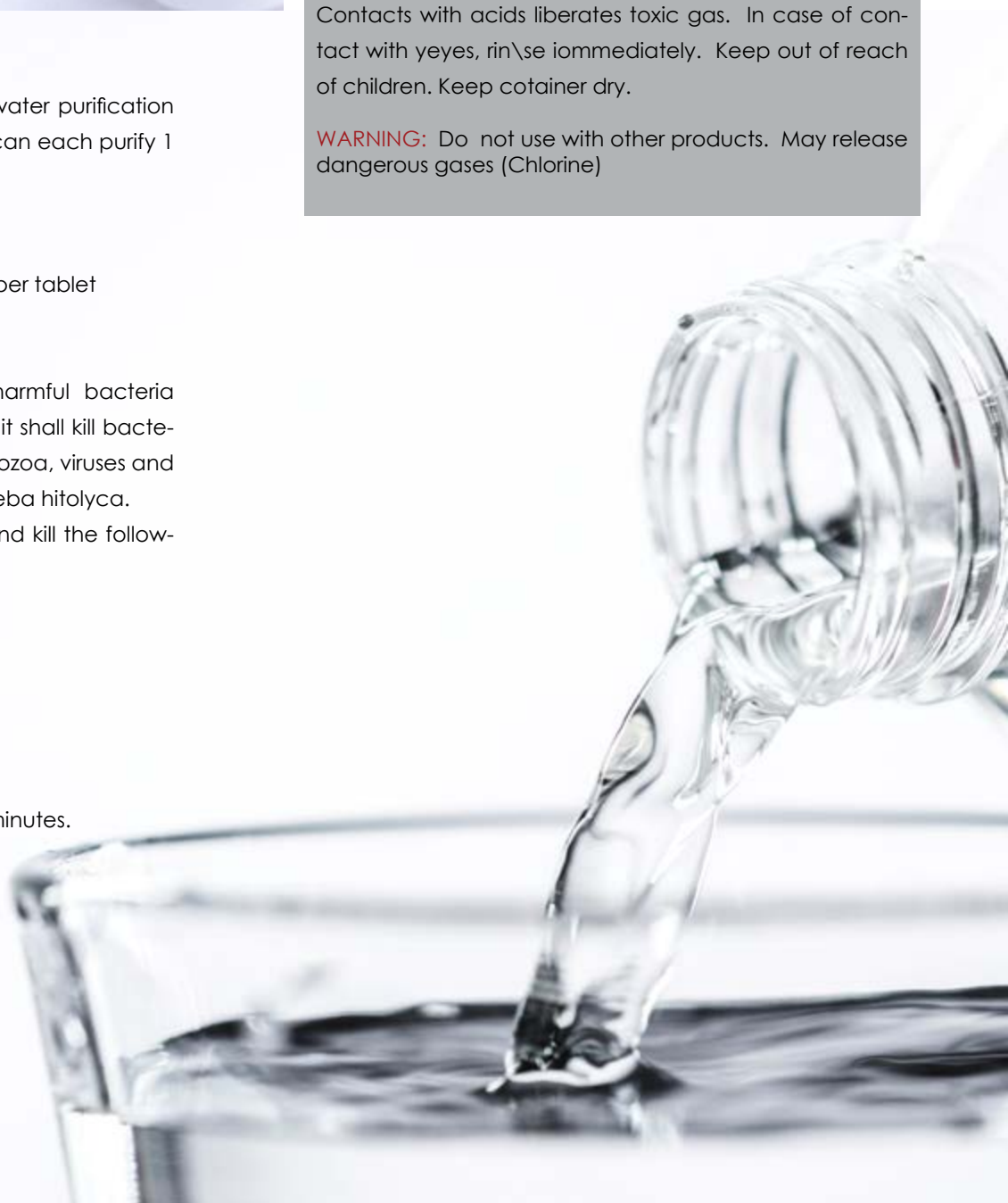
The product shall destroy harmful bacteria found in contaminated water, it shall kill bacteria, bacterial spores, fungi, protozoa, viruses and be especially lethal to *Entamoeba histolytica*.

It shall protect against illness and kill the following:

- *Salmonella typhi*
- *Vibrio cholerae*
- *Shigella sonnei*
- *Streptococcus faecalis*
- *Escherichia coli*

1 tablet will purify 1 litre in ten minutes.

PACKAGING



SPECIFICATION SHEET

HEXAMINE FUEL TABLETS



HEATER



FORM:

The compressed fuel shall be a densely moulded, non brittle tablet of uniform texture. The compressed fuel tablet shall be round, 33mm in diameter plus minus 1mm and with thickness 10mm plus minus 1mm.

MASS:

Mass of 10 +/- 0.5g in unpacked condition. The average nett mass of any 10 tablets shall be at least 10g.

PERFORMANCE:

When ignited the compressed fuel tablet shall conform to the following requirements:

STABILITY: The fuel tablet shall maintain its solid state when burning.

FLAME CHARACTERISTICS:

The fuel shall burn with a steady, blue-yellow flame of low luminosity with only occasional flashes of colour other than blue and with no objectionable increase in luminosity.

SPECIFICATIONS

Hexacmethylenetetramine: Tetra-azatricyclo decane. The hexacmethylenetetramine shall be of such opurity that the performance of finished fuel tablets compressed therefrom, using formulation in the table below, shall meet the requirements of the specification.

Sasolwax M: Medium congealing point paraffin wax. The carbon range is C 19 - C 38 and the paraffin chains are minus 96% straight chained.

COLOUR:

The tablet shall be white.

CHEMICAL COMPOSITION:

The chemical composition of the compressed fuel shall conform to the requirements shown in table below.

	PERCENTAGE BY MASS.	
	MINIMUM	MAXIMUM
Hexacmethylenetetramine	98	-
Sasolwax M	-	2

DESCRIPTION:

Flat square metal plate designed to have a central square base and 4 outer sides which bend upward to form a square container with sides, The fuel tablet is placed inside the container and the the food container is placed on top of it for warming of food.

MATERIAL:

Galvanised steel

SIZE:

8.5MM X 9.5MM X 0.05MM

WEIGHT:

2.6G

SPECIFICATION SHEET FLAMELESS RATION HEATER (SINGLE PAD)

INSTRUCTIONS: STEP 1



INSTRUCTIONS: STEP 2



INSTRUCTIONS: STEP 3



INSTRUCTIONS: STEP 4



CAUTIONS:

- Activated heater produces heat and steam.
- Do not use near open flame.
- Use in a well ventilated area.
- Once activated, do not reseal sleeve
- If heated sleeve is damaged, do not use,
- Always activate heater with water before disposal.
- Keep out of reach of children.
- Not to be eaten.

SPECIFICATION SHEET

ACCESSORIES

POCKET TISSUES 10 PACK



HAND STERILIZER



DESCRIPTION:

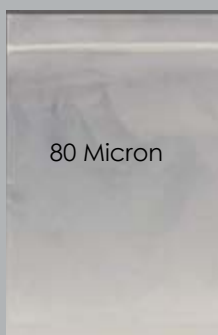
1 soft moist towelette wipe sealed in a foil sachet, for use as a sterilizer for external use.

CONTAINS:

Aqua, Cetrimonium Bromide, Chlorhexidine Digluconate, Phenoxyethanol, Chlorphenesin, Citric Acid.

SIZE PACKAGING: 5.5CM X 11.5CM - **WIPE:** 20CM X 17CM - **WEIGHT: (PACKAGING AND WIPE)** 2.6G

ZIP LOCK RUBBISH BAG



ALL WEATHER MATCHES



SPECIFICATION SHEET

SALT & PEPPER



PEPPER

NUTRITIONAL INFORMATION

Energy	Kcal/100g	14.6
Carbohydrates	g/100g	3.7
Fat	g/100g	0.2
Protein	g/100g	0.6
Sugar	g/100g	0.0
Dietary Fibre	g/100g	1.5

- FSSC 22000 accreditation
- South African Dept of Health approved facility
- Halal

PACKAGING



ALLERGENS:

This product has been made in a factory that uses eggs, wheat, gluten, soya, cow's milk, tree nuts and peanuts.